



## **City Harvest: Leading Hunger Relief across NYC**

Our essential work rescuing food for hungry men, women, and children in New York City has expanded to include efforts in the following key areas. These strategic initiatives address longer term issues that surround hunger, including nutrition education, availability of produce, and increasing the capacity of our agency network.

### **Childhood Nutrition**

In order to help reduce childhood hunger and teach children to choose healthier foods, we're introducing a regular supply of fresh fruit, lowfat milk, and 100% juice to New York City children. Our childhood nutrition program combines deliveries of these healthy snacks with uniquely designed nutrition education and evaluation components.

### **Nutrition Education**

We're increasing positive eating behaviors in lower-income New Yorkers by contributing to change in nutrition-related knowledge, skills, attitudes, and practices at a community level. Our Operation Frontline program, which is offered in partnership with Share Our Strength, uses culinary and nutrition professionals to teach cooking classes focusing on nutrition and food budgeting to people who are at risk of hunger in New York City.

### **HarvestWorks**

We're building an economic bridge between New York State agriculture and hungry New Yorkers by working with farmers to harvest and purchase under-utilized local produce at fair, negotiated rates and delivering it to low-income neighborhoods in New York City.

### **Kosher Community Project**

The Kosher Community Project strives to improve the quality of life among low income kosher-observant seniors, immigrants, children, and families facing hunger through increased access to a wider variety of kosher food, while uncovering long term solutions to hunger in communities with special food needs in New York City.

### **Healthy Neighborhoods**

In order to increase access to fresh produce and improve the diets of residents of New York City communities where poverty and diet-related diseases are common, City Harvest's Mobile Market directly distributes produce to New Yorkers through a Greenmarket-style setting.

Agency Capacity Expansion

We're working with our agency network to increase their ability to support hungry New Yorkers with consistent, sustainable, safe, and nutritious food and nutrition support while providing opportunities for participants to achieve self-reliance.

*For more information about City Harvest, please call Talia Mann at 212.843.9341.*