

Fighting Hunger Today and Tomorrow

HOW CITY HARVEST WORKS IN *HEALTHY NEIGHBORHOODS*

THE NEED

Nearly 1.4 million New Yorkers struggle to put meals on their tables regularly. In many communities that City Harvest serves, healthy food is unavailable and unaffordable, and there are high concentrations of diseases related to poor nutrition.



- BEDFORD STUYVESANT, BROOKLYN
- NORTH SHORE OF STATEN ISLAND
- NORTHWEST QUEENS
- SOUTH BRONX
- WASHINGTON HEIGHTS/INWOOD, MANHATTAN

TAKING ACTION

In addition to helping meet the immediate need for food, City Harvest developed *Healthy Neighborhoods* programs to address long term food insecurity. We work with community residents and retailers to increase access to healthy, affordable food, teach residents how to shop for and cook nutritious meals and advocate for strong policies that benefit the people we serve.

- FEEDING PEOPLE TODAY
- HELPING PEOPLE EAT HEALTHIER
- INCREASING ACCESS TO AFFORDABLE PRODUCE
- ENGAGING THE COMMUNITY

Delivering millions of pounds of food free of charge each year

Conducting City Harvest Fruit Bowl programs

Teaching nutrition education classes for residents of all ages

Leading budget shopping workshops

Increasing healthy options at local stores and supermarkets

GROCERIES

Running healthy cooking demonstrations

Distributing free produce at Mobile Markets

SUPERMARKET

Organizing community members and businesses to make change

THE REACH

This year, City Harvest will rescue 55 million pounds of nutritious food and deliver it to soup kitchens and food pantries, in our *Healthy Neighborhoods* and through our Mobile Markets across the five boroughs.

TOTALS FOR OUR HEALTHY NEIGHBORHOODS

POUNDS OF FOOD DELIVERED*	12 Million
BY NUTRITION EDUCATION PROGRAMS	61,000
PER MONTHLY MOBILE MARKET	10,000
THROUGH HEALTHY RETAIL PROGRAMS	405,000



*These pounds include the amount of food distributed in our *Healthy Neighborhoods* yearly and, does not include the total amount of food City Harvest rescues and delivers each year.

To learn more about food rescue, hunger relief and *Healthy Neighborhoods*, visit CityHarvest.org.

